



Wellness Provisions of PPACA Relating to Employers

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Wellness, PPACA, and Employers

- Premium variance for workers allowed for benefit packages within Exchange (60-90% actuarial value) for (a) smoking (50% surcharge) and (b) participation in a wellness program (up to 30% discount)
- Community transformation grant funds could be used to promote or incentivize worksite wellness programs

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- CDC is directed to provide technical assistance, consultation, tools and training to employers in how to evaluate wellness programs
- Starting in 2012 and beyond, CDC must conduct a national worksite health policy and program survey and report to Congress and the country on best practices about implementation through ERs

Wellness, PPACA, and Employers

- Grants to small (< 100 workers) employers
 - \$200m per year, 2011-2015 for comprehensive wellness
 - Comprehensive = (health awareness, engagement, change unhealthy behaviors, supporting environment)
- Grants to 10 CHCs for individualized wellness plans for at-risk individuals
 - Eg. overweight, tobacco, blood pressure